

2023

CHA Disaster Planning Conference

October 3, 2023

2pm-3pm

General Session

Kathy Dollarhide



1

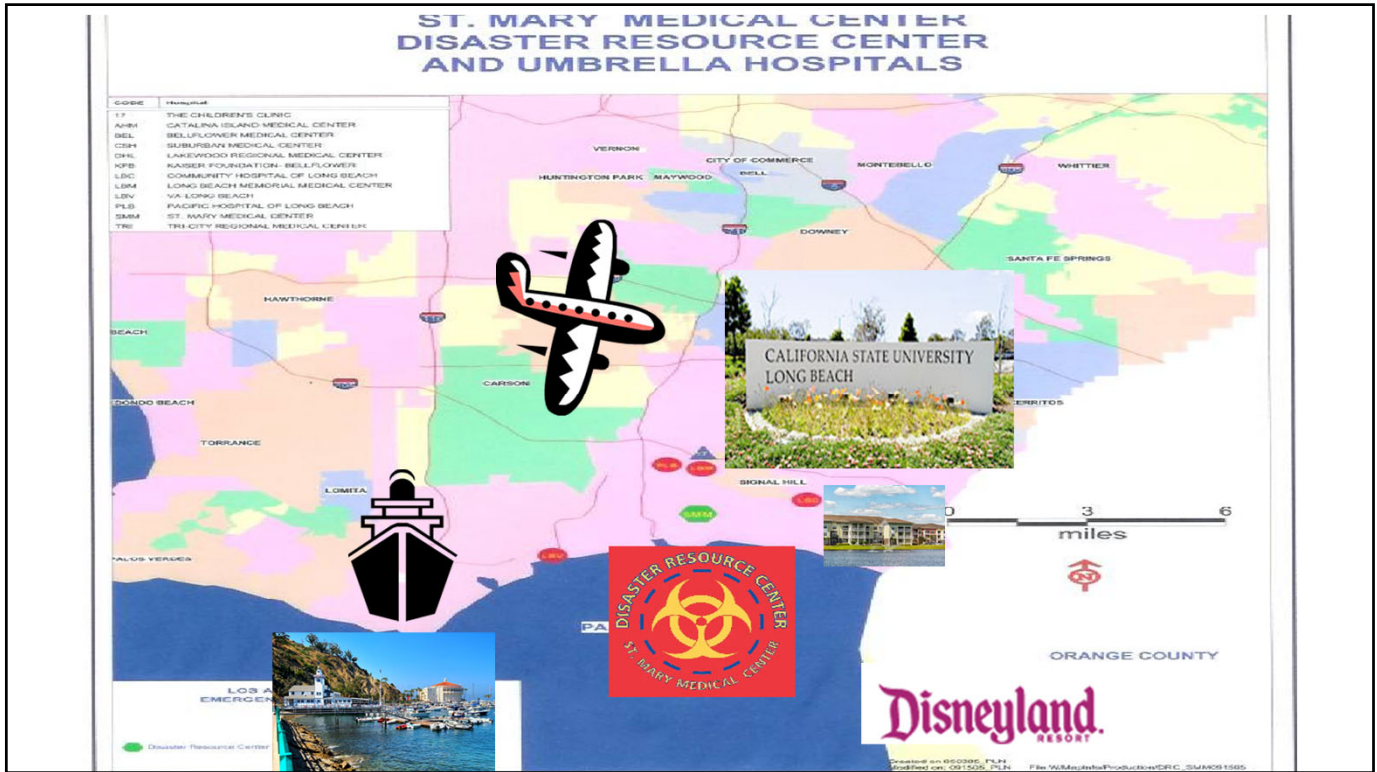
It takes a village: How to coordinate large scale disaster drills



Kathryn Ann Crow Dollarhide RN, BSN, CEN, CEM(r)
Certified Emergency Manager
Director Disaster Resource Center
Dignity Health St. Mary Medical Center



2



3



4

This is the story about how one woman ran her EM program....
The Yoda speaks...



What is the secret to running an Emergency Management Program?

- **January** - P and P rewrite the EOP and appendixes from what we learned last year- update contacts lists
- **February** -get the HVA to the EOC (disaster committee) and DRC (region)
- **March** - start planning your drills
- **April**-all policies gone thru every committee yet? Trauma, Pediatrics, MEC, Quality, Community Board? [Every April Acura Grand Prix](#)
- **May** is Decon month-in house then regional coalition drill
- **June-August** is floor by floor trainings- [LB Pride Parade August](#)
- **July** —the baby doctors arrive
- **September -October** community drills, classes, NGO meetings
- **November and December**- AARs and get ready for next year....
- Every month hospital new employee orientation
- Rinse and repeat- train baby yoda!



5

Kathy's Words of Wisdom:

1. Learn how to teach-know your audience
2. Disaster drills are like shampoo- Rinse and Repeat
3. Dilution is the Solution to the Pollution -Get them wet and get them naked
4. SLUDGE
5. Be nice to baby doctors- they grow up to be big doctors
6. Be the Mr. Rogers of your neighborhood



6

First- Learn how to teach!



Harbor General (Harbor
UCLA Medical Center
Torrance, California



St. Francis Medical Center
Inglewood, California

7

Defense Medical Readiness Training Institute Fort Sam Houston, Texas



8

EMI- Anniston, Alabama



9

Administration support is KEY!!!

I am **so** blessed to have supportive Senior Leadership Team at St. Mary Medical Center.



Bonnie Panlasigui, FACHE
Chief Operating Officer
Dr. Ali Jamehdor ER Medical
Director



Gloria Carter, MSN, RN, CENP
VP/Chief Nursing Executive Officer

Carolyn Caldwell, FACHE
President/Chief Executive
Officer



Dr. Ardel Guillamas Avelino,
DNP, MHA, RN, PHN
VP/Chief Operating Officer



10

Train your own agency!

- Decontamination drills with all your departments... then your region
- We are the closest hospital, trauma center and DRC to the Port of Long Beach
- What departments would have to suit up if you get a large scale chemical contamination or MVA with victims covered in gasoline?

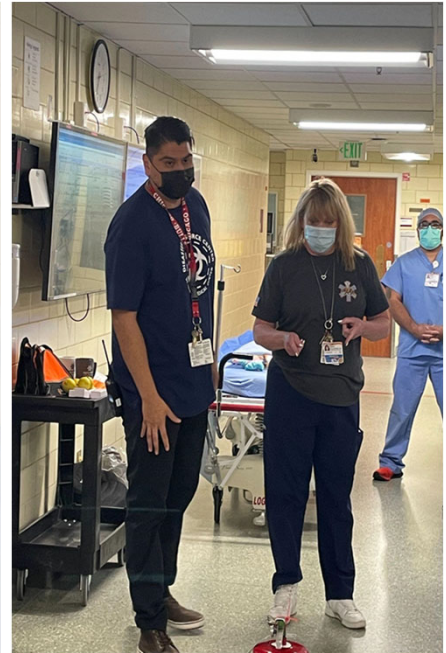


Rinse and Repeat



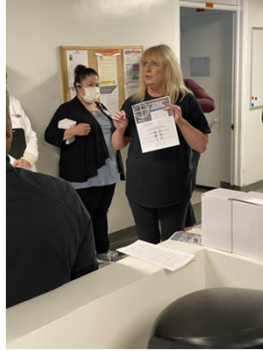
11

In house training first



12

Floor by floor drills-Do it in English then do it in Spanish!



13

New house staff orientation-every July



July Disaster training for our physicians



14

Key for all disaster drills “consistently organized”

- Large events take time to plan
- Assure that the right people are notified and included in the drills
- Work with all community partners in the planning phase prior to a large scale event
- Never exclude any agencies
- Keep running drills till you get them right!!! Rinse and repeat!



15

Victims needing Decontamination



- Life saving interventions first
- Airway first
- Breathing
- Circulation
- Disability
- **Exposure**
- Life saving interventions
- CAT Tourniquet
- What about Peds?
- In an MCI not all victims will be saved

16

Dilution is the solution
to the pollution

Hawaiian Gardens Casino Drill 2005



17

CSULB BSN Nursing program Disaster lectures and drills

Introduction to Disaster Management: Nursing students are taught about Stop the bleed, HICS, Active shooter, HAZMAT, S.T.A.R.T triage and Mass Casualty Incidents.



18

Work with all of your local Nursing and EMT programs



19

Large Scale Active Shooter Drill CSULB



20



Decon Drills

- From 2005-2023 we have done it as a group
- Coalition drills are so helpful
- Invite all agencies to participate

21



I have a little island...
22 miles across from me...

22

July 26, 2006

Los Angeles Times "AVALON - A wildfire started by lightning strikes on Santa Catalina Island was contained today after blackening about 1,200 acres in the middle section of the island, authorities said."

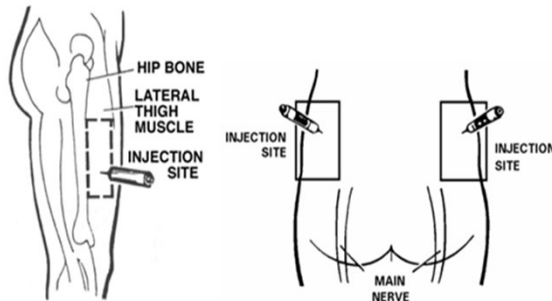


Why drill with our Island?

August 2014

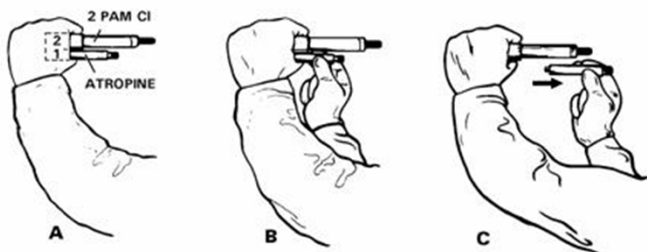


23



Instructions for DuoDote auto-injector use, including steps 1, 2, and 3, and dosage information for patients weighing 41 kg+.

If you have the CHEMPACK train your agencies and staff about it!!



24

How do you start training with federal agencies?

- FBI Operational Medicine Teams
- Border Protection Special Response Teams
- Consortium of Technical Responders
- Local Terrorism Early Warning groups (TEWG) /TLO groups
- Work with law enforcement regarding civil unrest plans
- Force protection is key during any disaster
- How do you start working with your local agencies?
- Just **Ask** them! They **will** drill with you!



25

You have training areas



26

You have classrooms for didactic



27

LA County Sheriff's trainings



- MCI
- Stop the Bleed
- START triage
- Narcan

28

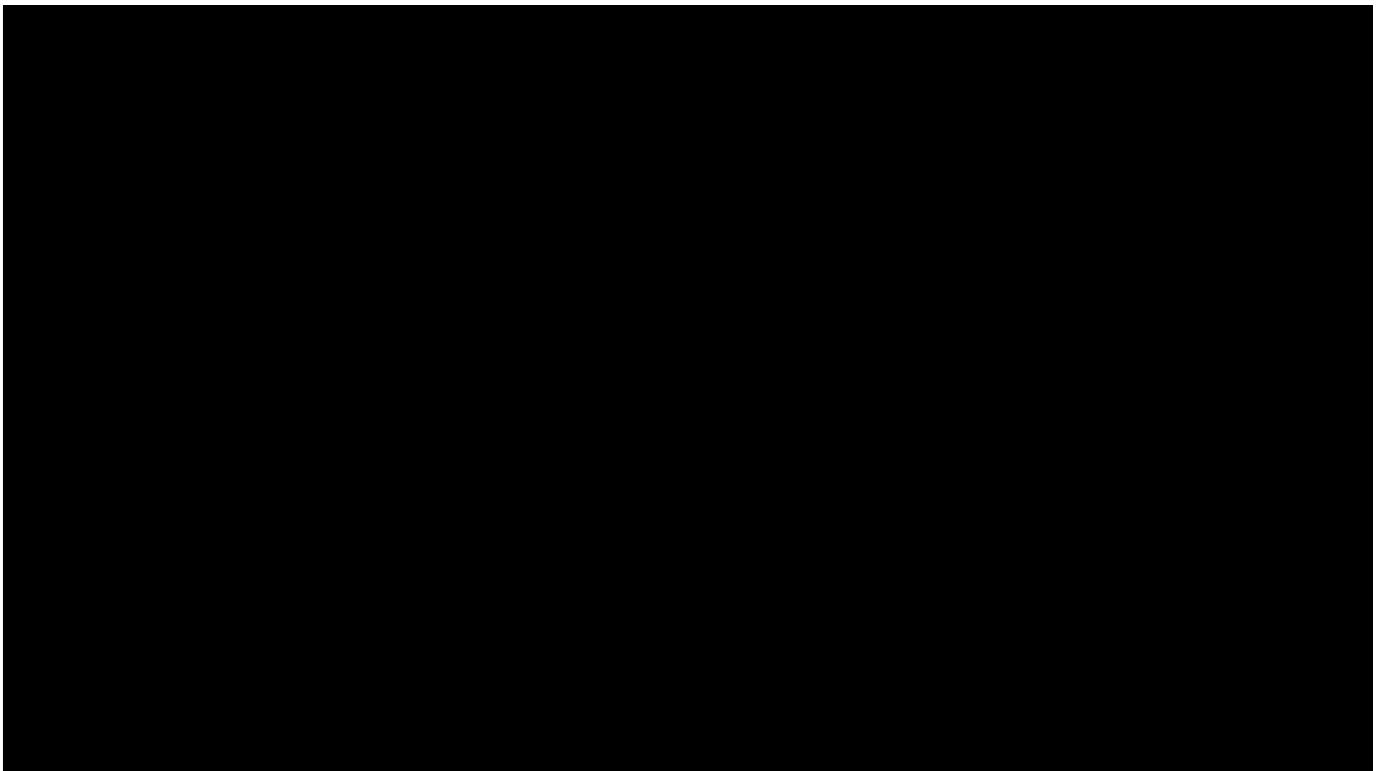


Long Beach Search And Rescue

- Active Shooter
- Tourniquets
- HAZMAT
- Stop the Bleed
- MCI Triage

Search and Rescue
Long Beach Fire and
Long Beach Police &
LB Fire CERT team

29



30

Boy Scouts and Girl Scouts Drill Long Beach Chapter

Assisting the Boy Scouts and Girl Scouts of America to get their First Aid and Disaster Badges by running drills and training with them



31

Radiological Dirty Bomb Drill with 9th Civil Support Team-Joint Forces Base



2009



32

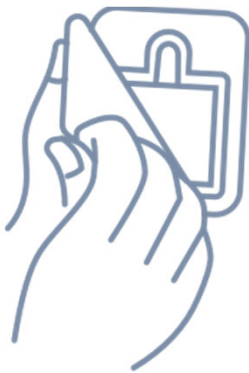
Long Beach Unified School District



- Met with school safety officers (police)
- Got them the grant funding for Narcan
- Trained the school safety officers and staff
- Next step School Nurses and teachers

33

Fentanyl and Meth exposures



PEEL



PLACE



PUSH

34

FBI Active Shooter Drill

- Drill focusing on the Federal Bureau of Investigation and the Long Beach Fire Department responding with St. Mary Medical Center
- GOAL: preparing Special Agents and Tactical Paramedics to practice their EMS skills

Our Objective in Long Beach:
Creating coordination between trauma center and all agencies in the city of Long Beach.

Bring your trauma nurses and trauma docs to field training!!!



Tactical EMT Refresher Course
Long Beach Fire Department and FBI
School of Operational Medicine
August 10-12, 2021



35

How did the LB FAA Airport drills get started?



36



Hospital Incident Command Team

This is how “Hey Kathy, can you get me a few victims?” turned into the triennial Long Beach Airport FAA Drills



Happy Drill Day Coordinators!



37



38

LBTV I-CLIP

CITY OF
LONGBEACH

39

Carnival Cruise Drill March 28, 2018
Once in a career drill - Took me 1 Year to plan!



18 Separate Drills in ONE DAY!!



40



41

Now that you have mastered drills... **BE THE VOICE! Speak out in your community**

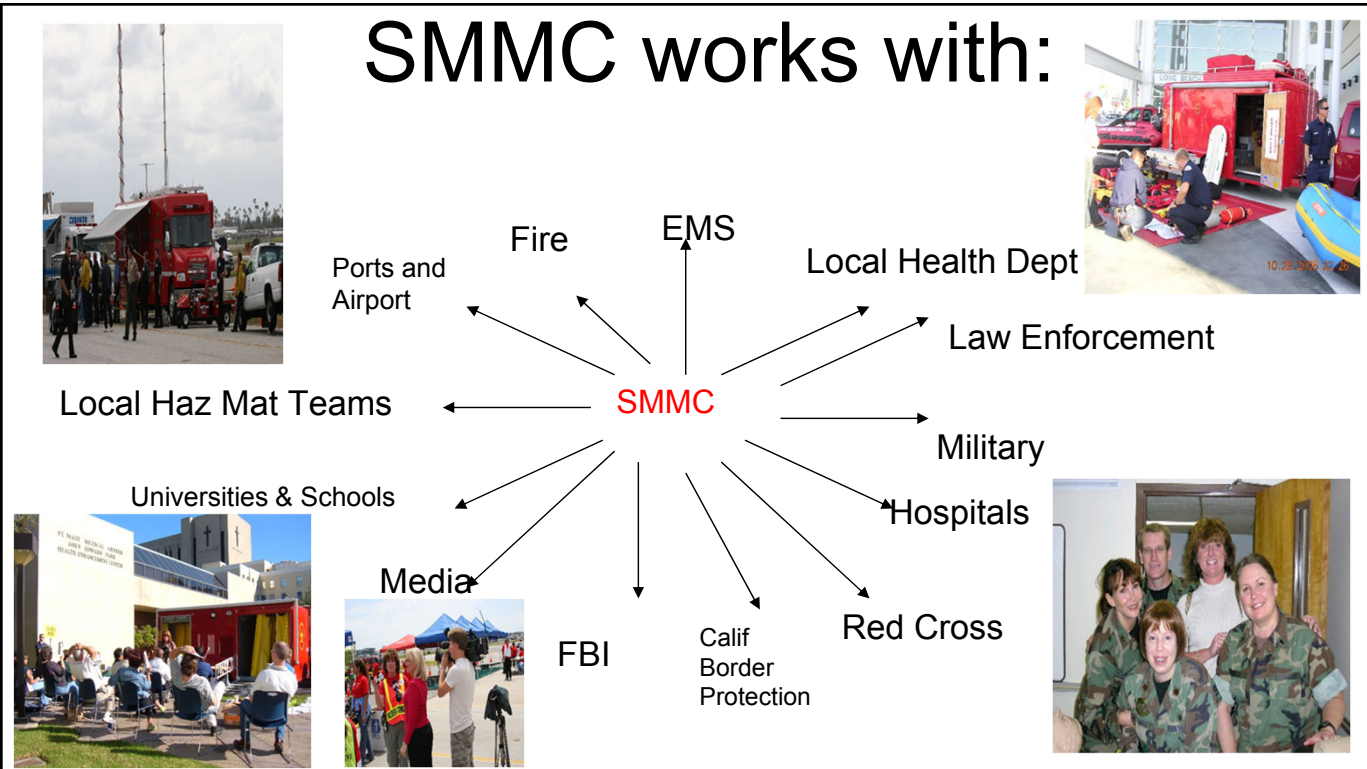


- Two trauma centers working together with fire and police departments to speak out against gun violence
- Death by gun violence is the #1 cause of death in the United States for American Teenagers
- If it matters to the agencies, we join in together to speak out!

42



43



44

We all want to retire so.....Train the best new you!



45

Now...Turn it over to the next generation!



2022

46

How do you know if your EM program is effective?

Sheriff's Academy Training-Whittier Star Academy- Mass Casualty Triage Drills



Narcan save at Wilson High School

47

In Conclusion (and a note for all the ladies!)

1. Learn how to teach-know your audience
2. Disaster drills are like shampoo-Rinse and Repeat
3. Dilution is the Solution to the Pollution -Get them wet and get them naked
4. SLUDGE
5. Be nice to baby doctors- they grow up to be big doctors (who could save your life!)
6. Be the Mr. Rogers of your neighborhood... Ms. Rogers



48

How do you know you have been doing EM a life time?



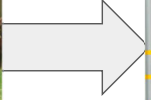
2005



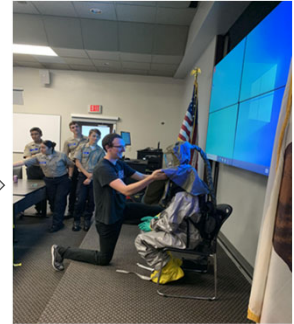
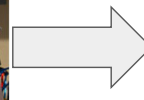
May 2023 my Kiely running
The drill



2007



June 2023 my Jeremy
running the drill



49

*"Do what you love...
and you will never work
a day in your life"*

Thank you for your attention today

Thank you emergency managers for all you do!!

Thank you to **Mary Massey** and the CHA Conference Committee for inviting me to speak at this conference.



50

Questions? Comments?

kathy.dollarhide@dignityhealth.org
Feel free to contact me Kathy Dollarhide

