



How to Respond to an Active Shooter Event

Implementing a Comprehensive Community Training Program

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Welcome

- **Introductions**
- **Opening Comments**
- **Agenda & Plan for the Day**



Purpose

- Why are we here?



Virginia Tech Active Shooter Survivor

Kristina Anderson
Shares Her Story



NEED ASSESSMENT & GAP ANALYSIS



Needs

- **Increase in Active Shooter events**
 - Nationally
 - Locally
- **Change in Response Doctrine**
 - Lockdown v. Run-Hide-Fight



FBI Case Study 2000-2013



Gaps

- **No Training for Community on Active Shooter Events**
 - Previous training programs focused on Public Safety agencies
 - No training for Employees, Tenants, Contractors, or Volunteers
- **No Emergency Action Plans for Active Shooter Events**
 - County Departments, Businesses, Faith-Based Organizations
- **Conflicting Emergency Assembly Areas**
- **Minimal Relationships between Businesses & Public Safety Agencies**
- **Minimal Cohesion between Related Organizations**
 - Tenant Properties, Contractors, Vendors, Volunteers, etc.



Arlington OEM Approach

- **Run-Hide-Fight.....**
 - **Stop-Drop-Roll / Duck-Cover-Hold on**
- **Short and Simple**
- **Low Cost & High Value**
- **Low Stress**
- **Train-the-Trainer**
 - Easy to Replicate



PREPAREDNESS CYCLE & HSEEP FRAMEWORK





OEM ACTIVE SHOOTER PROGRAM



RISK ASSESSMENT & EMERGENCY OPERATIONS PLAN REVIEW



SECURITY RISK ASSESSMENT



Risk Assessment Preventive Measures

Administrative Measures

- **Security Policies and Procedures**
- **Security Awareness Programs**
- **Employee and Contract Screening**
- **Emergency Action Plans**
- **COOP Plans**
- **Drills and Exercises**

Physical Measures

- **Barriers and Locks**
- **Electronic Access Control**
- **Intrusion Detection Systems**
- **Surveillance Cameras**
- **Protective Lighting**
- **Blast Mitigation**



TRAINING



Presentation Outline

- **Profile of an Active Shooter**
 - **Actual Active Shooter Cases**
 - **FBI Active Shooter Case Study**
 - **NYPD Case Study**
 - **DHS Definition – Profile of an Active Shooter**
- **How to Respond to and Active Shooter Event**
 - **U.S. Department of Homeland Security **Run-Hide-Fight** Model**
- **Police and Fire Lessons Learned from Past Active Shooter Events**
 - **9-1-1 Communications**
 - **Police & Fire Department Response**
- **How to Respond when the Police Enter the Facility**



Profile of an Active Shooter



U.S. Department of Justice
Federal Bureau of Investigation



A Study of Active Shooter Incidents in the United States Between 2000 and 2013

September 16, 2013
Washington Navy Yard
Washington, D.C.

Unclassified



160

incidents
occurred between
2000 and 2013

An average of
11.4

incidents occurred annually,
with an increasing trend from
2000 to 2013.

1,043

Casualties, including killed
and wounded
(shooters were not included in this total)

486

were killed in 160 incidents

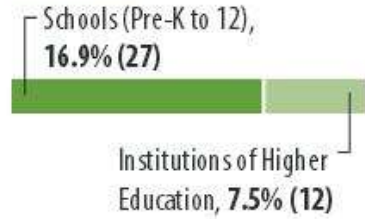
557

were wounded* in 160 incidents.

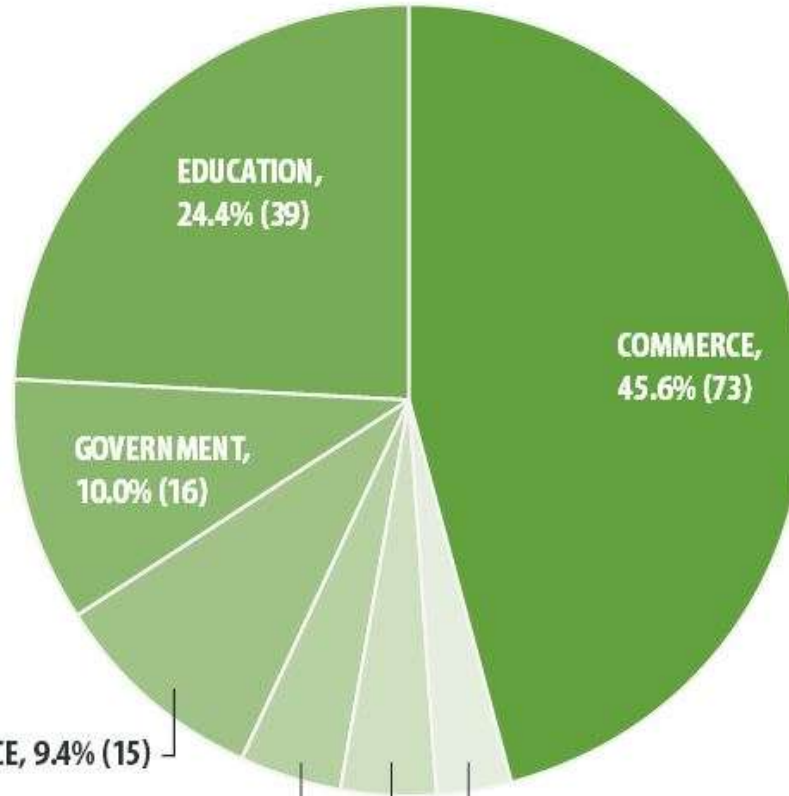


A Study of 160 Active Shooter Incidents in the United States Between 2000 - 2013: Location Categories

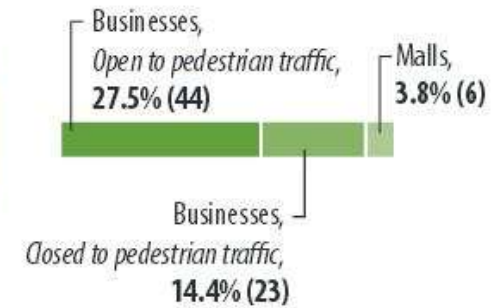
EDUCATION



GOVERNMENT



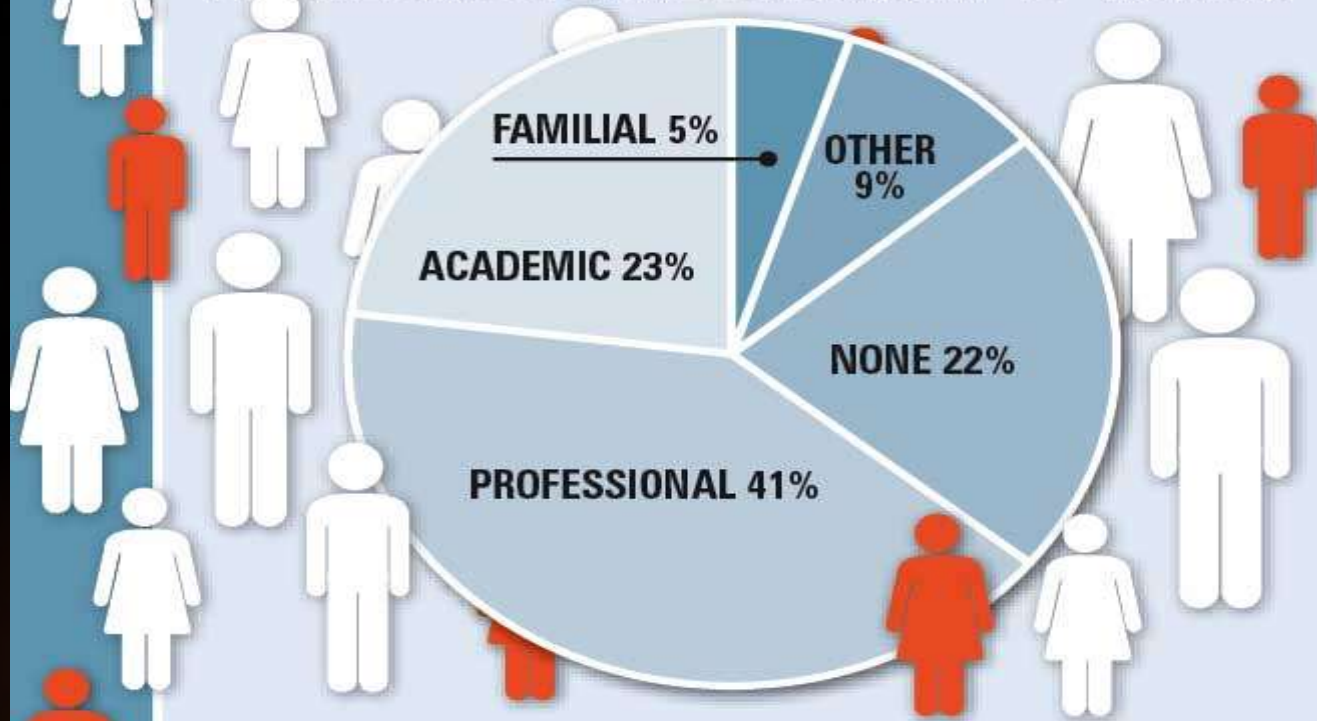
COMMERCE



Source: Federal Bureau of Investigation, 2014



ACTIVE SHOOTER RELATIONSHIP TO VICTIMS



A New York Police Department analysis showed that the majority of active-shooter attacks occurred when the perpetrator had either a professional or academic relationship with at least one of the victims. However, 22 percent of active-shooter attacks in the research data occurred when the shooter had no relationship to the victims.

**Source: Active Shooter: Recommendations and Analysis for Risk Mitigation, New York Police Department*

Active Shooter Defined (DHS):

“An individual actively engaged in killing or attempting to kill people in a confined and populated area.”

- ***Preferred weapon - use of firearms***
- ***They are unpredictable***
- ***Evolve Quickly***
- ***Only lasts between 10 to 15 minutes***



2015 MASS SHOOTINGS

There have been at least 57 fatal mass shootings for far in 2015 where at least three people have died.



December 2
San Bernardino, 14 killed

Fatalities ○ 5 ○ 10 ○ 15

NOTES | In some cases the suspect is included in the number of dead. While all of these incidents involved death by firearm, some of the victims were killed by other means.

SOURCES | Mass Shooting Tracker, ABC News research

abc NEWS



Active Shooter - How to Respond





RUN > HIDE > FIGHT

>>> SURVIVING AN ACTIVE SHOOTER EVENT



Response: Call 911

- Location of Active Shooter
- Number of Shooters
- Physical Description
- Number and type of weapons shooter has
- Number of potential victims
- **Arlington TEXT to 9-1-1 System**



Arlington County Police & Fire Lessons Learned



Why Do We Share This With The Community?

- **Management of Expectations**
 - **Training the Community – “What are the Police going to do?”**
- **Ease of Operations**
 - **Public/Police Interaction**
- **Modernization of Response**
 - **Understanding the Threat Differently**
 - **Police- Change in Tactics (ERT v. Rapid Response)**
 - **Community- Taking Hostages v. Anonymous Killing**



Arrival of First Responders Demonstration

- Remain calm and follow instructions of officers
- Drop items in your hands
- Raise hands and spread fingers
- Keep hands visible at all times
- Avoid quick movements towards officers
- Avoid pointing, screaming or yelling
- Do not ask questions when evacuating



Active Shooter Training Equipment

EQUIPMENT	COST
Laptop Computer	\$1500.00
Thumb Drive / CD	\$5.00
Powerpoint Projector	\$1200.00
Logistic PP remote control	\$20.00
Extension Cords	\$10.00
Audio Speakers	\$45.00
Movie Screen	\$200.00
Pelican Case	\$120.00

TOTAL COST - \$3100.00



Exercise/Drill



Active Shooter Drill ExPlan

- Time Frame
 - One Hour Block
- Opt Out Option for Employees
 - PTSD
- Active Shooter Teams
 - Yellow Traffic Vests / OEM Active Shooter Cards/Air Horn
 - Drill Begins when AS Team comes in contact with employee
 - Air Horn simulates Gun Shots
 - **Verbal Announcement: “EXERCISE EXERCISE EXERCISE – ACTIVE SHOOTER DRILL – RUN HIDE FIGHT”**
 - Announce conclusion





Active Shooter Drill Training Equipment

EQUIPMENT	COST
• Yellow Traffic Vests	\$3.00 each
• Active Shooter Drill Cards	Negligible
• Air Horn	\$15.00
• Mega Phone	\$100.00
• Go-Pro Camera	\$200.00
• Active Shooter Drill Posters	\$10.00
• Sign Board Holder – A-Frame	\$80.00

TOTAL COST - \$745.00



Exercise Evaluation



Drill Hot Wash / Debriefing

- **WHEN**
 - **15 minutes after drill**
- **LOCATION**
 - **Large Room or Lobby Area**
 - **Can the area accommodate all participants?**
 - **If not, stagger Hot Wash sessions**



Drill Hot Wash / Debriefing

- **FEEDBACK FROM PARTICIPANTS**

- Who ran?
- Who hid?
- Who hid but received an Active Shooter Drill Card?
- Who simulated fighting?
- Total Received Active Shooter Drill Cards
- Who simulated calling 9-1-1?

- **EVALUATION FORM**

- 3 – 2 – 1 Evaluation Form
- [Surveymonkey.com](https://www.surveymonkey.com)



After Action Report & Improvement Planning



Lessons Learned

