



UNIVERSAL
DECLARATION OF
HUMAN RIGHTS

A series of overlapping, diagonal blue brush strokes in various shades of blue, extending from the bottom right towards the center of the page, partially overlapping the text.

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Illustrations by **Yacine Ait Kaci (YAK)**

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INTRODUCTION

In perhaps the most resonant and beautiful words of any international agreement, “all human beings are born free and equal in dignity and rights”. The commitments made by all States in the Universal Declaration of Human Rights are in themselves a mighty achievement, discrediting the tyranny, discrimination and contempt for human beings that have marked human history.

The Universal Declaration promises to all the economic, social, political, cultural and civic rights that underpin a life free from want and fear. They are not a reward for good behaviour. They are not country-specific, or particular to a certain era or social group. They are the inalienable entitlements of all people, at all times, and in all places — people of every colour, from every race and ethnic group; whether or not they are

disabled; citizens or migrants; no matter their sex, their class, their caste, their creed, their age or sexual orientation.

Human rights abuses did not end when the Universal Declaration was adopted. But since then, countless people have gained greater freedom. Violations have been prevented; independence and autonomy have been attained. Many people – though not all – have been able to secure freedom from torture, unjustified imprisonment, summary execution, enforced disappearance, persecution and unjust discrimination, as well as fair access to education, economic opportunities, and adequate resources and health-care. They have obtained justice for wrongs, and national and international protection for their rights, through

the strong architecture of the international human rights legal system.

The power of the Universal Declaration is the power of ideas to change the world. It inspires us to continue working to ensure that all people can gain freedom, equality and dignity. One vital aspect of this task is to empower people to demand what should be guaranteed: their human rights. This booklet constitutes a modest but significant contribution to that work.

Zeid Ra'ad Al Hussein

UN High Commissioner for Human Rights

PREAMBLE

Sutherland is committed to working with the UN Global Compact to create a culture of integrity across our enterprise. This includes adopting universal principles on human rights, labor, environment, and anti-corruption and taking actions to advance societal goals with a mission to create a sustainable and inclusive global economy that delivers lasting benefits to people, communities, and markets.

Universal
Declaration of
Human Rights

ARTICLE
01

All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood.



YAK

Universal
Declaration of
Human Rights

ARTICLE
02

Everyone is entitled to all the rights and freedoms set forth in this Declaration, without distinction of any kind, such as race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status. Furthermore, no distinction shall be made on the basis of the political, jurisdictional or international status of the country or territory to which a person belongs, whether it be independent, trust, non-self-governing or under any other limitation of sovereignty.



VAK

Universal
Declaration of
Human Rights

ARTICLE
03

Everyone has the right to life,
liberty and security of person.



Universal
Declaration of
Human Rights

ARTICLE
04

No one shall be held in slavery or servitude; slavery and the slave trade shall be prohibited in all their forms.



VAK

Universal
Declaration of
Human Rights

ARTICLE
05

No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment.



Universal
Declaration of
Human Rights

ARTICLE
06

Everyone has the right to recognition everywhere as a person before the law.



Universal
Declaration of
Human Rights

ARTICLE
07

All are equal before the law and are entitled without any discrimination to equal protection of the law. All are entitled to equal protection against any discrimination in violation of this Declaration and against any incitement to such discrimination.



YAK

Universal
Declaration of
Human Rights

ARTICLE
08

Everyone has the right to an effective remedy by the competent national tribunals for acts violating the fundamental rights granted him by the constitution or by law.



Universal
Declaration of
Human Rights

ARTICLE
09

No one shall be subjected to arbitrary arrest, detention or exile.



Universal
Declaration of
Human Rights

ARTICLE
10

Everyone is entitled in full equality to a fair and public hearing by an independent and impartial tribunal, in the determination of his rights and obligations and of any criminal charge against him.



ARTICLE
11

(1) Everyone charged with a penal offence has the right to be presumed innocent until proved guilty according to law in a public trial at which he has had all the guarantees necessary for his defence.

(2) No one shall be held guilty of any penal offence on account of any act or omission which did not constitute a penal offence, under national or international law, at the time when it was committed. Nor shall a heavier penalty be imposed than the one that was applicable at the time the penal offence was committed.



Universal
Declaration of
Human Rights

ARTICLE
12

No one shall be subjected to arbitrary interference with his privacy, family, home or correspondence, nor to attacks upon his honour and reputation. Everyone has the right to the protection of the law against such interference or attacks.



Universal
Declaration of
Human Rights

ARTICLE
13

(1) Everyone has the right to freedom of movement and residence within the borders of each State.

(2) Everyone has the right to leave any country, including his own, and to return to his country.



ARTICLE
14

(1) Everyone has the right to seek and to enjoy in other countries asylum from persecution.

(2) This right may not be invoked in the case of prosecutions genuinely arising from non-political crimes or from acts contrary to the purposes and principles of the United Nations.



Universal
Declaration of
Human Rights

ARTICLE
15

(1) Everyone has the right to a nationality.

(2) No one shall be arbitrarily deprived of his nationality nor denied the right to change his nationality.



ARTICLE
16

(1) Men and women of full age, without any limitation due to race, nationality or religion, have the right to marry and to found a family. They are entitled to equal rights as to marriage, during marriage and at its dissolution.

(2) Marriage shall be entered into only with the free and full consent of the intending spouses.

(3) The family is the natural and fundamental group unit of society and is entitled to protection by society and the State.



Universal
Declaration of
Human Rights

ARTICLE
17

(1) Everyone has the right to own property alone as well as in association with others.

(2) No one shall be arbitrarily deprived of his property.



Universal
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Human Rights

ARTICLE
18

Everyone has the right to freedom of thought, conscience and religion; this right includes freedom to change his religion or belief, and freedom, either alone or in community with others and in public or private, to manifest his religion or belief in teaching, practice, worship and observance.



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ARTICLE
19

Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to seek, receive and impart information and ideas through any media and regardless of frontiers.



Universal
Declaration of
Human Rights

ARTICLE
20

(1) Everyone has the right to freedom of peaceful assembly and association.

(2) No one may be compelled to belong to an association.



ARTICLE
21

(1) Everyone has the right to take part in the government of his country, directly or through freely chosen representatives.

(2) Everyone has the right to equal access to public service in his country.

(3) The will of the people shall be the basis of the authority of government; this will shall be expressed in periodic and genuine elections which shall be by universal and equal suffrage and shall be held by secret vote or by equivalent free voting procedures.



Universal
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ARTICLE
22

Everyone, as a member of society, has the right to social security and is entitled to realization, through national effort and international cooperation and in accordance with the organization and resources of each State, of the economic, social and cultural rights indispensable for his dignity and the free development of his personality.



ARTICLE
23

(1) Everyone has the right to work, to free choice of employment, to just and favourable conditions of work and to protection against unemployment.

(2) Everyone, without any discrimination, has the right to equal pay for equal work.

(3) Everyone who works has the right to just and favourable remuneration ensuring for himself and his family an existence worthy of human dignity, and supplemented, if necessary, by other means of social protection.

(4) Everyone has the right to form and to join trade unions for the protection of his interests.



Universal
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Human Rights

ARTICLE
24

Everyone has the right to rest and leisure, including reasonable limitation of working hours and periodic holidays with pay.



ARTICLE
25

(1) Everyone has the right to a standard of living adequate for the health and well-being of himself and of his family, including food, clothing, housing and medical care and necessary social services, and the right to security in the event of unemployment, sickness, disability, widowhood, old age or other lack of livelihood in circumstances beyond his control.

(2) Motherhood and childhood are entitled to special care and assistance. All children, whether born in or out of wedlock, shall enjoy the same social protection.



ARTICLE
26

(1) Everyone has the right to education. Education shall be free, at least in the elementary and fundamental stages. Elementary education shall be compulsory. Technical and professional education shall be made generally available and higher education shall be equally accessible to all on the basis of merit.

(2) Education shall be directed to the full development of the human personality and to the strengthening of respect for human rights and fundamental freedoms. It shall promote understanding, tolerance and friendship among all nations, racial or religious groups, and shall further the activities of the United Nations for the maintenance of peace.

(3) Parents have a prior right to choose the kind of education that shall be given to their children.



ARTICLE
27

(1) Everyone has the right freely to participate in the cultural life of the community, to enjoy the arts and to share in scientific advancement and its benefits.

(2) Everyone has the right to the protection of the moral and material interests resulting from any scientific, literary or artistic production of which he is the author.



Universal
Declaration of
Human Rights

ARTICLE
28

Everyone is entitled to a social and international order in which the rights and freedoms set forth in this Declaration can be fully realized.



ARTICLE
29

(1) Everyone has duties to the community in which alone the free and full development of his personality is possible.

(2) In the exercise of his rights and freedoms, everyone shall be subject only to such limitations as are determined by law solely for the purpose of securing due recognition and respect for the rights and freedoms of others and of meeting the just requirements of morality, public order and the general welfare in a democratic society.

(3) These rights and freedoms may in no case be exercised contrary to the purposes and principles of the United Nations.

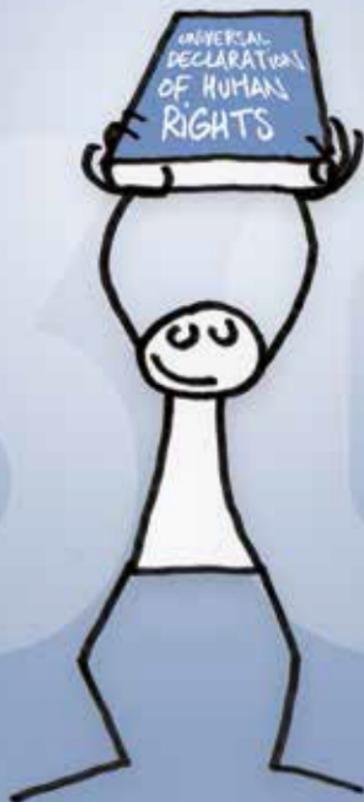


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ARTICLE
30

Nothing in this Declaration may be interpreted as implying for any State, group or person any right to engage in any activity or to perform any act aimed at the destruction of any of the rights and freedoms set forth herein.



YAK



As a process transformation company, Sutherland rethinks and rebuilds processes for the digital age by combining the speed and insight of design thinking with the scale and accuracy of data analytics. We have been helping customers across industries from financial services to healthcare, achieve greater agility through transformed and automated customer experiences for over 30 years. Headquartered in Rochester, N.Y., Sutherland employs thousands of professionals spanning 20 countries around the world.





