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SUBCONSCIOUS ISOLATION

1. Introduction

a. Present scope of National Defense

(1) Recognized defense problems

(a) Atomic bomb

(b) Submarine

(c) Biological warfare

(d) Espionage agents

(e) Etc.

(2) Unrecognized defense problems

(a) Subconscious isolation

(b) Method of exerting immediate or prolonged influence

on the subconscious mind.

b. Purpose of presentation of this information

(1) Present fundamental principles involved.

(2) Possible applications by an unfriendly country.

(3) Present use by other countries.

(4) Common techniques in use.

(5) Suggested future action

c. Results

(a) Learn how to recognize

(b) Learn how to combat

(c) Security implications

(d) Reason for security

(e) Cause user to refine techniques

(f) Stimulate interest among non-users

(g) Material not safe for public consumption

(h) Risks from mis-informed groups.

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2. Fundamental principles involved

a. Psychological concept of the mind

(1) Conscious mind

(a) Its power

1. Control of certain bodily movements

2. Conscious thought process

(b) Its limitations

1. Lack of control of certain organic actions

2. Comparatively weak memory

(2) Subconscious mind

(a) Control of physiological functions

(b) Powerful memory

b. Uncontrollable manifestation of the subconscious mind

(1) Talking in sleep

(2) Dreaming

(3) Spontaneous reaction

{a} Lack of memory concerning emergency actions

c. Desirable for one to contact subconscious memory

3. Possible uses of "SI" by an unfriendly country

a. Interrogation

(1) Extraction of classified information

(a) Many more details retained subconsciously

(2) Psychological regression for past details and memory restoration

b. Subconscious assignment

(1) Espionage guidance

(2) Sabotage guidance

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(3) Informant guidance

c. Other uses

(1) Instilling of false information

(2) Eradication of information

(3) Surveillance

d. Practical example

(1) Well trained U. S. Employee

(a) Working in sensitive area

(2) Application of SI by unfriendly element

(a) Interrogation

1. Regression

(b) Subconscious assignment

2. Quis

3. Espionage guidance

4. Eradication of information

5. Instilling of false information

6. Policy direction after recall

e. Present Use by Other Countries

a. Extent unknown

(1) Specific examples

(a) Moscow trials

(b) Khrushchev trial

(c) Vogeler trial

(d) Various newspaper and magazine articles

5. Common techniques in use - briefly

a. Fixed attention

- (1) Psychologist
- (2) Psychiatrist
- (3) Conversation
- (4) Relaxation

b. Emotional Stimulation

- (1) Stage
- (2) Emergency

c. Drugs

- (1) Doctor
- (2) Dentist
- (3) Surreptitious administering

d. Sleep Conversion

- (1) Sleep learning
- (2) Ordinary sleep

e. Shock treatment

- (1) Insulin
- (2) Electric

6. Present work in this field

a. Research

- (1) Theory
- (2) Active experimentation

7. Future action

a. Combative measures

- (1) "Combative Measure" Research Program
  - (a) Written material
  - (b) Experienced technicians in allied field
  - (c) Intelligence reports
  - (d) Experimental work
- (2) "Combative Measure" Instruction Program
  - (a) To whom taught
    1. Key personnel in sensitive positions
  - (b) Material
    1. Fundamental principles of subconscious isolation
    2. Possible applications by unfriendly elements
    3. Common techniques in use
    4. How to recognize
    5. How to combat
- (3) "Combative Measure" Investigation Facility
  - (a) Investigate all suspected use of subconscious isolation

B. Conclusion